

MEDIA HABITS OF YOUNG CHILDREN (13-18)

Important Facts

The Common Sense Census reports that young children in this age group spend on average more than 7 hours a day consuming screen media. Most of this time they spend watching TV, or videos, gaming, and using social media.

Tips

- Be a role model & set an example
- Agree on fair and well reasoned screen time rules
- Engage in an open dialogue
- Monitor media use and show interest

There are two important **recent studies** that focus on the media consumption of children in this age group:

- The Common Sense Census: Media Use by Tweens and Teens - <https://www.commonsensemedia.org/research>
- EU Kids Online 2020 Survey - <http://eukidsonline.net/>