

PARENT'S EVENING

ON CHILDREN'S MEDIA HABITS

Plan your own parent's evening step by step

1

Start planning

In the first step, you can start with the organisational preparations for the parents' evening. Where do you want to hold it? Are you already in contact with an institution, e.g. a school, or do you want to organise the evening independently and detached? Book a room and make arrangements with people on site. Go back to the basic module *Planning a Media Educational Parents' Evening* to use the support materials shown there. Use our *planning sheet* to prepare systematically and not forget anything.

We'll cooperate with the class teacher of a primary school and together we'll organise a media educational parents' evening for 1st graders on the topic of media use. We will use the school's premises and jointly invite the parents of the school class.

2

Find your topic

Decide - perhaps in consultation with parents or teachers with whom you are holding the parents' evening in cooperation - if you'll talk about media habits generally or if you will set a specific focus. Use the steps shown in the chapter *Conducting a Media Educational Parents' Evening*.

We decide to talk in general about the topic of media habits of 7-12 year olds, focusing on the general aspects of media use, media perception and the role of the family.

1. Think about the overall aim of your parents' evening.

Think about who you are addressing with your presentation and what the central theme is.

Formulate the guiding principle for your topic. Our example:

To inform a group of parents about media use and media habits of children of the age group 7-12.

2. Derive the key points of your parents' evening from this objective.
Keep your target group in mind: What information is needed to understand the topic?
What information is needed to fulfil the overall purpose? Our example:

Main Point 1	Explain general user habits of this age group.
	Explain what media and with whom children are using media.
	Describe different types of media.
Main Point 2	Explain how children are perceiving different types of media.
	Explain what are the risks and benefits of media use for this age group.
	Develop recommendations for age-appropriate media experiences and explain criterias for overstraining as well as suitable media experiences.
Main Point 3	Explain why it makes sense to regulate children's media use.
	Describe ways to regulate children's media use.
	Explain legal bases for the protection of children in media use.

3. Choose two to three sub-issues to focus on in your parents' evening.

Main Point 1	Explain general user habits of this age group.
Main Point 2	Describe how children perceive media
Main Point 3	Explain why it makes sense to regulate young children's media use.

3

Inform parents about your parents' evening

Once you have found your topic for the parents' evening, booked a venue and set a date, it is time to inform parents about your parents' evening. We have created a *template for an invitation* in our document section.

4

Finish your presentation

1. Organise your topics in a meaningful way and prepare them visually.
You are welcome to use the *presentation template* we have prepared as a basis for this.

We have structured our presentation thematically - from general usage behaviour to perception and the resulting advice for parents.

2. Put special focus on the introduction and the conclusion
Involve parents from the beginning. Use the introduction to generate attention for your topic and prepare parents for the content of the parents' evening. Make sure that all the content you promise in the introduction is also covered in your parents' evening. Use the conclusion for a concise summary and state your central concern or a call to action for the parents.

In our introduction, we ask parents raise their hands as to which media their children are allowed to use - without judgement. "All those whose children are allowed to watch TV from time to time raise their hands" This gives us an initial overview of the group's media usage and also involves the parents directly. It is all about them and their children. In a next step we could compare the result of the group to general studies.

3. Give the parents a handout that, for example, summarises the most important content, contains recommendations for action and includes your contact details for queries. You can find an example in the documents.

Our aim is for parents to leave the parents' evening informed and with clear advice and tips. They should feel more confident in dealing with media and be able to better accompany and train their children in everyday life.

A handout can help to summarise the most important contents and give concrete recommendations for action. In our handout there is also an exercise that parents can implement with their children: Parents are asked to watch their favourite series with their children. The children are encouraged to tell what the series is about, what they like about the series and the characters, and which scenes they find disturbing.

5

Involve parents

In order to positively influence the atmosphere and cooperation at the parents' evening, it is advisable to start with an activity that loosens up the atmosphere. This is called an icebreaker. Icebreakers can be used to help the group get to know each other better, but also to explore the interest and expectations of the topic. The key to success is to make sure that the activity is specifically focused on meeting your objectives and appropriate to the group of people involved.

In our introduction we'll use the „hands-up“ method to learn more about the media use in the participating families and break the „ice“.

Even before the actual presentation starts, you can involve parents. We'll use flipcharts to do that. When entering the room parents are invited to answer questions on our flipcharts before finding a seat.

- What do I expect from the parents' evening?
- What do I not want to hear or experience here?
- What ideas do I have about the topics: children & media, overwhelming media experiences, media education at home?

Through this we can see whether the wishes for the evening correspond to our planned presentation or if adaptation is needed. During the evening we can refer back to the results again and again and really focus on the individual needs of the parents in front of us.

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Ask for feedback

Be sure to ask parents for feedback on your parents' evening. This can be done by sticking dots on a flipchart or by sending an online survey by email afterwards. The statements will help you to prepare your next parents' evening in a more target group-oriented way.

Engage parents in conversation during your parents' evening. Involve them actively in the evening through exercises and support them in questioning their own role and their child's media use. To do this, use the exercises and tips we have compiled for Media Parent Consultants under each course.